

TAIYARI: ADVANCED MASSAGE WORKSHOP



August 19, 2008
9am – 6pm
at
The WD Ranch
Melville, MT 59055

WORKSHOP

In this workshop we are going to have an encounter with our magical, natural healer being and so we will know how to support other people in finding theirs.

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Participants are going to learn how each organ of our body has a resonance with different emotions and feelings. In reading the body we are going to observe how the emotions that we feel and do not express remain anchored in different organs. This anchor generates an energetic blockage and muscular tightness.

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The human being is not just body and mind. When the body is relaxed, the mind becomes calm and then we can perceive with other parts of our being. This perception is called silent knowledge, inner wisdom or intuition. Then we really know what our needs are and how to balance and have harmony in our lives.

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We are going to share our experiences with some patients, relating their cases and their evolution since they began to get massage. We are going to suggest creative ways to handle emotions and different techniques to relax the muscles.

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The energy flows through gates and channels in our body. The gates or chakras are related with nearby organs and they have a bidirectional relationship with the muscles. We are going to review some theories about the chakras and how to harmonize them through music, rhythms, sounds and colors.

GOALS

- To learn to perceive with our inner being, our intuition
- To have an encounter with our magical, natural healer being
- To understand the relationship between the organs of our body and our emotions
- To harmonize the chakras through music, rhythm, sounds and colors

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FACILITATOR

Maria Inez Correa Mesa is a Graduate in Social Work. Her professional humanist training includes Holistic Therapy; Jungian Psychology; Bioenergetics; Human Sexuality; Rebirthing; Empowerment; Crystal Therapy; Aromatherapy; Shiatsu, Californian, Japanese, Swedish and Therapeutic Massage, Reflexology and Biodance. For 25 years, she has worked and keeps specializing in corporal work to enhance the awareness. For the last seven years, she has lived in Oaxaca, Mexico, where, together with her partner and duality, Armando Cruz, they provide human growth workshops based on indigenous techniques to expand the awareness.

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FOR MORE INFORMATION:

This retreat will be held August 19, 2008, at The WD Ranch, Box 188, Melville, MT 59055. Phone 406-537-4452 or email: hawks@mtintouch.net

Visit our website: www.taiyari.com

COST: \$115.00 Please bring a sack lunch

TO REGISTER for these retreats, send a 50% deposit (check or money order) made payable to **The WD Ranch LLC**, P.O. Box 188, Melville, MT 59055. The balance is due upon arrival. Refund of deposit, less a \$25 handling fee, is available until August 1, 2008.

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____ EMAIL _____