

TAIYARI: Shamanic Journey to Heal the Soul

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TAIYARI is a native word meaning *our essence*. We support people on a journey of self discovery in search of his/her true self. This journey entails the constant overcoming of limitations, the performing of actions that support life, and continual learning and growth. In short: the willingness to follow a path with heart.

THE SHAMANIC JOURNEY

The shamanic journey is a therapeutic procedure based on a deep knowledge of the energetic nature of the Universe. It is a travel of the consciousness through space and time to recover parts of ourselves that have been lost. We lost those parts when we suffer damaging situations be they emotional or physical. Even though we don't remember them, these experiences caused deep energetic wounds, through which our energy constantly drains; forcing us to behave in ways that harm ourselves and the

people we are related with.

THE RETREAT

The toltec expression Sennamiki, *to remember oneself or to have memory of the Oneness*, refers to a natural process all human beings pass through in the last moments before we die. It is the last, short but intense, glimpse to the wholeness of our life. This gives us full understanding of the meaning of our life. Ancient Toltec, who were always looking for such awareness state, discovered a shamanic procedure to induce that experience. During this two day retreat we are going to learn and practice that procedure and other complementary techniques to perform the shamanic journey in such a way that you can later keep doing it by yourself.

WHAT YOU GET

To heal emotional wounds

To recover the energy you lost in emotional interactions

To restore your energetic field from the damages it suffered in the past

To apprehend the inherent teaching in each event of your life

To be aware how you have been creating your destiny

To get insights to improve your self-confidence, wellbeing and relationships

FACILITATORS

Armando Cruz Sanchez. He has been working for the last 20 years with individuals and groups in the field of personal and spiritual growth using methods to expand awareness learned in the indigenous communities.

Maria Ines Correa has twenty years of experience working in the field of community social work and human development, with particular emphasis on education in family life. A graduate in social work, her professional background includes training in holistic therapies, Jungian psychology, bioenergetics and Toltec tradition.

FOR MORE INFORMATION:

This workshop will be held September 18-19, 2010. For more information, phone 406 537 4452 or email: hawks@mtintouch.net

Visit our website: HYPERLINK "<http://www.taiyari.com/>" www.taiyari.com