

THE HUMAN GROWTH CENTER TAIYARI PRESENTS: THE TOLTEC WAY



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TAIYARI is a Huichol word meaning *our essence*; native people get immersed in taiyari “to develop a genuine way of being”. We support people on a journey of self discovery in search of his/her true self. This journey entails the constant overcoming of limitations; the performing of actions that support life; and continual learning and growth. In short: the willingness to follow a path with heart.

Background. The whole of knowledge that supports the development of the highest cultures in Mesoamerica was called Toltekayotl, *The Art to Grow Together*. No other civilization has suffered so much perfidy and injury. However, its spiritual part and practical approach have been kept alive by native people who took refuge in remote, difficult to reach places in Mexico. Through our contacts with these indigenous communities, we witnessed first and then experienced the effectiveness of this knowledge to transcend the limitations of reason and perceive directly the flow of energy in the Universe –the designs of Spirit; and how these people translate this knowledge into wise ways of living.

THE WORKSHOP

The Toltec Way is the way of the spiritual warrior. It is for individuals who eagerly want to act consciously, according to their divine nature; overcoming inertia; contributing this way to the evolution of the Universe. During this two-day retreat, we will share with you some experiences we lived among indigenous people and review and practice some Toltec principles like: Teosentlasotla, *To be a friend of the Divinity*; Kateikniu'tlani, *To be in peace with all the beings*; Amo Keketsa, *To use time fruitfully*; Shoshou'ki, *To fulfill total liberation*; Kinamiktia, *To achieve balance*; Ishtlamati, *To gain self experience*; Nanamiki, *To be aware that human existence is finite*.

WHAT YOU GET

- An improved sense of wellness
- Improvements in the quality of relationships
- An increased awareness of your inner resources and potential
- A deeper sense of authenticity, wholeness and balance
- Deeper meaning, creativity and joy in life

FACILITATORS

Armando Cruz Sanchez. After 10 years of professional work as IT Consultant his search for alternative solutions to labor conflicts led him to the field of human growth and ultimately to reconnect with his own roots – the knowledge held in the native cultures of Mexico. He has been working for the last 22 years with individuals and groups in the field of personal and spiritual development using methods to expand awareness learned in the indigenous communities and using also methods rescued from ancient sources.

Maria Ines Correa has 26 years of experience working in the field of community social work and human development, with particular emphasis on education in family life. A graduate in social work, her professional background includes training in holistic therapies, Jungian psychology, bioenergetics and Toltec tradition.

FOR MORE INFORMATION:

This workshop will be held September 11-12, 2010 at The WD Ranch, Box 188, Melville, MT 59055. Phone 406-537-4452 or email: hawks@mtintouch.net

Visit our website: www.taiyari.com